

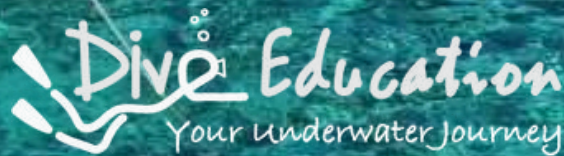


# INSTRUCTOR DEVELOPMENT COURSE

GILI TRAWANGAN - INDONESIA

[www.trawangandive.com](http://www.trawangandive.com)

[www.dive-education.com](http://www.dive-education.com)



# ABOUT US



## MEET YOUR COURSE DIRECTOR

### HI THERE! I'M MATT

PADI Course Director &  
Freediving Instructor

My diving journey began in January 2007 when I became an Open Water Diver. After this, I just couldn't stop diving and went all the way to becoming a PADI Instructor by the end of the same year.

Through 10+ years of teaching around the world including the Maldives, Thailand, Italy, Mexico and Indonesia, I've built up a diverse range of experience in a variety of teaching conditions.

In 2016, I became a PADI Freediving Instructor and, the following year, I took the big step to becoming a PADI Course Director. From 2017 until 2019 I ran regular IDC programs in Indonesia (Gili Air and Komodo) and received the Platinum PADI Course Director accreditation in 2018. Despite the challenges posed by the pandemic, I continued to pursue my passion by teaching IDCs and Freediving courses in Malta and Tenerife.

Now, I'm thrilled to bring together all of my previous experience to offer an optimized IDC program at Trawangan Dive in Gili Trawangan, Indonesia. My aim is to provide an unforgettable and enjoyable experience to all my candidates, going above and beyond to ensure that everyone receives personalized attention and guidance throughout the course.

As a multilingual instructor, I can teach in six different languages - English, French, German, Italian, Spanish, and Portuguese. While the courses are predominantly taught in English, I offer translation and support in other languages to make sure that everyone fully understands and is confident on every topic.

In addition to the IDC program, I also offer the PADI Emergency Oxygen Provider Instructor Course and the PADI Discover Freediving Program as part of the IDC package. I believe that these additional programs help candidates develop a well-rounded skill set, making them more employable in the industry.

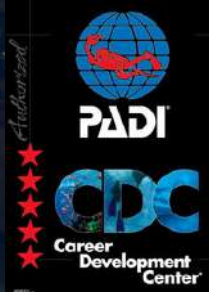
Last but not least, we want our candidates to have fun while learning. That's why we offer opportunities for free fun dives throughout the program. We make sure to provide a clear routine and positive atmosphere to ensure that candidates get the most out of their course with us.

### SO, WHAT ARE YOU WAITING FOR?

Join me, Matt, and the Trawangan Dive crew for an unforgettable experience that will change your life forever!



# ABOUT US



## YOUR HOME AWAY FROM HOME TRAWANGAN DIVE

PADI 5\* Career Development Centre  
& Dive Resort

### WE OFFER:

- 2 large open-air training pools
- Dedicated air-conditioned classroom
- Awesome training sites less than 20 minutes boat ride away (with warm, clear waters!)
- A variety of MSDT options & team teaching opportunities
- Dedicated study & chill-out areas
- Free Wi-Fi
- Free fun diving before the course starts
- Free Equipment Rental
- Relaxed, comfortable environment
- Beautiful beachfront location with a restaurant & bar (with excellent coffee!)
- Onsite accomodation for all budgets
- Technical diving courses with our in-house TDI Instructor
- Conservation courses & projects

As a PADI 5\* Career Development Centre and dive resort, Trawangan Dive has everything you need and more to kick-start your professional dive career!

Located on the idyllic tropical island of Gili Trawangan in Lombok, Indonesia, our spacious, beachfront dive resort provides you with all the comforts and space you need to train, study, rest, and recharge. Specifically designed with your education and enjoyment in mind, our top-class facilities guarantee you have the best possible training experience.

Our highly experienced international team is ready to welcome you into the family, sharing their knowledge and supporting you every step of the way. From caves to coral conservation, tech diving to liveboards, managing remote resorts, and marketing, we offer an incredible variety of professional diving experiences for you to learn from.



# GILI TRAWANGAN

## THE ISLAND

Gili Trawangan, aka Gili T, is the largest of the 3 Gili Islands located just off the northwest coast of Lombok (Bali's lesser known, but arguably more beautiful, neighbour to the east). Gili T is easily accessible via a fast ferry directly from Bali (only 1.5 hours) or a 10-minute speedboat ride from Lombok mainland.

Besides the obvious white sand beaches and turquoise waters, for a small island, Gili T has a lot to offer...



### DELICIOUS FOOD

Abundance of cafes & restaurants serving both local & international cuisine



### EPIC SUNSETS

Seriously stunning sunsets pretty much guaranteed. Best way to unwind after a day of studying.

### NIGHTLIFE FOR ALL TASTES

Chilled beer on the beach? Live acoustic set? Dance on the bar til 5am? Gili T has something for everyone.



### SPECTACULAR SUNRISES

Worth getting up for - watch right from our beachfront!



### NO MOTORISED VEHICLES

Yup, it's all bicycles & horse carts here! Nothing is more than a 10-minute cycle away.



### COMMUNITY VIBES

Get to know the awesome locals and expats that call this island home.

**BUT BE CAREFUL...**

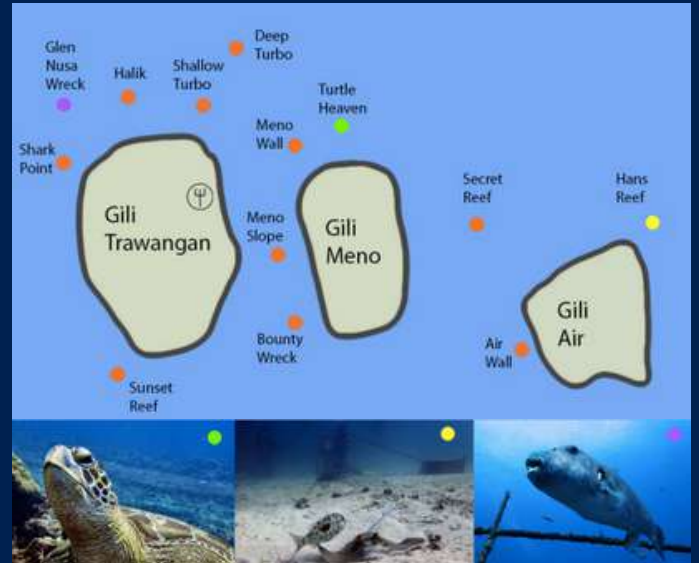
**...ONCE YOU STEP FOOT ON THIS ISLAND YOU'LL NEVER WANT TO LEAVE!**

# GILI TRAWANGAN

## THE DIVING

With the average water temperatures hovering between 28-30°C and average visibility usually 20-30m, conditions here are hard to beat! Not only for diving but also for teaching. It's mostly drift diving here, so you'll get to experience some current but not so strong that you're struggling to keep your reg in your mouth!

Our main training site, Hans Reef, is only a short boat ride away with ideal conditions for your open-water training sessions (and some critter hunting if we've got some time left!)



With over 25 diverse dive sites around the Gilis including wrecks, pinnacles, fringing reefs, and even some epic muck you'll not be bored diving here!

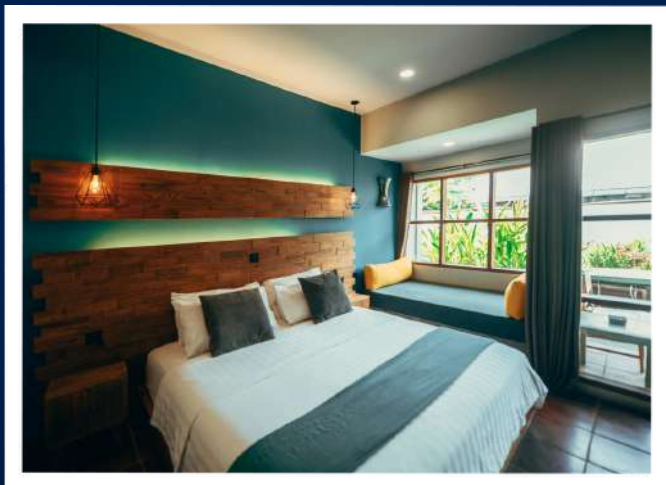
Besides the turtles and reef sharks, we've also got a seriously impressive diversity of marine life including pipefish, frogfish, nudis, seahorses & all the cool cephalopods! Be sure to arrive early so you can enjoy your free fun dives before the course starts!



**TAKE THE PLUNGE...**  
**BECAUSE LIFE'S TOO SHORT TO STAY ON THE SURFACE!**

# GILI TRAWANGAN

## THE ACCOMODATION



Gili T offers a wide variety of accommodation to suit all budgets from basic ensuite rooms up to private villas with a pool. Prices vary depending on the season. Expect to pay more during high seasons (July-August, over Christmas & New Year).

You can also find accommodation with shared or private kitchens if you'd like a space to prepare your own food. Although most candidates prefer to eat out at one of the many restaurants on the island.

An ensuite room with AC, hot fresh water, and WiFi usually costs between 200.000IDR to 400.000IDR per night or 3.000.000 - 4.000.000 IDR per month. A private villa is usually 1.000.000 per night or 9.000.000 IDR to 12.000.000 IDR per month.

Your best option is to book a few nights first so you can check out a few places and negotiate a monthly stay but if you prefer to book your whole stay before you arrive that's easy too.

At Trawangan Dive we also offer a variety of onsite accommodation packages including a delicious breakfast.

We are more than happy to help you to find a suitable place to stay.



# WHY CHOOSE US



*"My goal is to guide you through your IDC developing your abilities, dive skills, knowledge, and ultimately the confidence that will accompany you from the very first student you teach. I have personally witnessed the profound impact your training has on your future students and your career as a PADI Instructor. Your success, both during the course and beyond, is my priority."*

## MATT'S PHILOSOPHY

### EFFECTIVE LEARNING

I believe that the most effective learning happens in a relaxed and comfortable environment. For this reason, our schedule, facilities, classrooms, boats and training pools allow courses to run smoothly, efficiently and in the most enjoyable way.



### PREPARE TO SUCCEED

Although you're already a PADI Divemaster or equivalent, not all candidates will have had the same experience or remember everything from their previous courses. My FREE 2-day pre-IDC preparation ensures every candidate starts the course ready to dive right in.

### CONFIDENTLY BEGIN

Although the program is intense, the formula I've developed through years of teaching IDCs creates enough time and personalised attention to ensure that you have the training not just to pass the Instructor Examination, but to confidently begin your career as an Open Water Scuba Instructor.

### REAL TEACHING SCENARIOS

Thanks to years of teaching experience in a variety of conditions around the world, from the cold water of the Mediterranean to the ripping currents of the Maldives and Komodo, I integrate real-life teaching situations and experience throughout your IDC.



# WHY CHOOSE US



## CAREER SUPPORT

We include extra training in addition to the standard IDC program, including the PADI Discover Freediving Program and O2 Provider at the end of the course I'll be happy to help you develop your first CV and share advice. It's not only about the certification, I'm also here to help you get started with your dream career.

## TEAM TEACHING

Boost your experience and certifications by team teaching alongside our experienced instructors at one of the most popular dive centres on Gili T. Not only will it further prepare you to run your own courses, but it will give you a glimpse into multiple perspectives and styles of teaching.

## PROVEN SUCCESS

Don't just take my word for it, feel free to read some reviews from my previous candidates [HERE](#)

## MULTIPLE LANGUAGES

Our IDCs are conducted in English to help familiarise candidates with scuba terminology. However, we can teach in 6 languages (English, French, German, Italian, Spanish & Portuguese). So if you're concerned about being able to follow the course in English can rely on an immediate full translation if needed.

## ADDITIONAL TRAINING

We include extra training in addition to the standard IDC program, incl. PADI Discover Freediving Program and O2 Provider Instructor Course, to broaden your skills and experience.





# YOUR PROGRAM



## 1 ARRIVAL

We recommend arriving on Gili T at least 3 - 4 days before the pre-IDC prep begins so you can get settled before the course starts. Familiarise yourself with the facilities, meet the team, and enjoy some free fun dives!

## 2 PRE - IDC PREPARATION PROGRAM: 2 DAYS

Before the course officially starts we'll refresh your in-water skills, revise your dive theory and get you reacquainted with the PADI Instructor Manual.

Whether you've just finished your Divemaster course or it's been a few years, we strongly recommend joining this free IDC preparation program. It's always good to review your knowledge and skills to ensure you start the IDC with a strong foundation..

## 3 IDC, EFRI & EXTRAS: 12 DAYS

This is the main program where, through classroom sessions, workshops, confined water sessions, and open water presentations, you'll complete all the modules you need to qualify for the Instructor Examination. This includes the Assistant Instructor (AI), the Open Water Scuba Instructor (OWSI), and the Emergency First Responder Instructor (EFRI) Courses.

In addition to the core program, we incorporate additional training to equip you with extra skills and knowledge that will enable you to excel in your career. These include workshops on CESA control, Project A.W.A.R.E, navigating the PADI Pro website, and more.

Plus you'll complete the PADI Discover Freediving Program and the Emergency Oxygen Provider Instructor Course. You'll also have a full day of fun diving to remind you why you're doing this in the first place!



# YOUR PROGRAM

## 4 MOCK INSTRUCTOR EXAMINATION: 2 DAYS

Just before your official Instructor Examination (I.E.) you'll enrol in a 'mock' I.E to ensure you're ready for the real thing. During this 2-day simulation, you'll find your personal focus areas and shake off some nerves.

## 5 PADI INSTRUCTOR EXAMINATION - 2 DAYS

This 2-day evaluative program reviews your teaching abilities, comprehension of dive theory, skill demonstration quality, understanding of the PADI System as well as attitude and professionalism.

The exam consists of the following:

- Dive Theory Exam: Physics, General Skills & Environment, Recreational Dive Planner, Physiology & Equipment,
- PADI General Standards & Procedures Exam
- Knowledge Development Presentation
- Confined Water Presentations
- Skill Circuit Demonstration
- Open Water Presentations
- Rescue Exercise 7 Demonstration

PADI I.E.s are standardised and conducted by specially trained PADI Instructor Examiners.

## 6 CELEBRATION

After all your hard work it's time to celebrate! Along with your fellow newly qualified PADI Instructors, we'll party together in true Gili T style!

Start with a party at Trawangan Dive with the entire team, before we head out to enjoy our island's famous nightlife.



# YOUR PROGRAM

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## MSDT PREP PROGRAM & TEAM TEACHING

The IDC is over and you're officially a PADI Open Water Scuba Instructor but your journey doesn't have to stop there!

Expand your teaching and employment opportunities through our Master Scuba Diver Trainer Preparation Program. Learn how to teach 5 specialities of your choice and take advantage of the opportunity to team teach alongside our experienced instructors.

At Trawangan Dive, you can choose from a wide range of Instructor specialities with our most popular being Nitrox, Wreck, Deep, Drift, and Night.

When applying through your Course Director, you only need 10, not 20, logged dives in that area. Plus you'll save money on the application fees.



## INCLUDED EXTRAS:

### PADI DISCOVER FREEDIVING PROGRAM

Move your first steps in the freediving world by learning the safety procedures and proper techniques in the classroom before to jump in the pool for the static and dynamic attempts. Once done it most candidates fall in love with freediving and upgrade to the PADI Freediver, which includes free immersion and constant weight disciplines in an Open water session.

### LUNCH

Throughout the IDC program, you'll enjoy a tasty lunch prepared by our team of local chefs.

### EMERGENCY O2 PROVIDER INSTRUCTOR COURSE

Not only does this Instructor Speciality give you the possibility to integrate the Emergency O2 Provider Course into all your Rescue Courses, but, more importantly, increases your knowledge and skills in dealing with diving emergencies. Definitely, an important skill to have when working at dive centres or on boats.

### SWAG

You'll receive a special edition IDC T-Shirt, a dive-education aluminum water bottle, & a special edition mask strap.

**DON'T FORGET...** you can also enjoy up to 2 weeks of free fun diving before the start of your IDC!

# WHAT YOU NEED

## PRE-REQUISITES

To join the Instructor Development Course you'll need to:

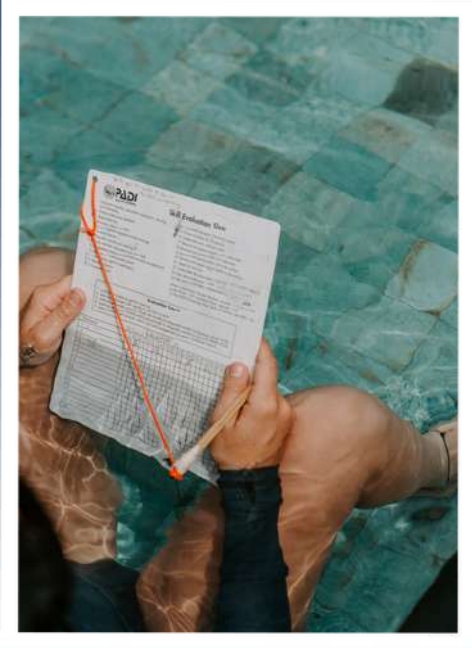
- Be at least 18 years old
- Hold a PADI Divemaster, or leadership level with another diver training organization (if not a PADI Divemaster, you'll need to successfully complete the PADI Divemaster course dive rescue assessment)
- Hold a medical clearance attesting to dive fitness signed by a physician within the previous 12 months;
- Have been a certified diver (PADI Open Water Diver or equivalent) for at least six months
- Have proof of 100 logged dives (to enrol in the Instructor Examination), including night diving, deep diving, and underwater navigation
- Hold proof of First aid/CPR training within the last 24 months

If you are certified by another organisation or have any questions, please email me at [matt@dive-education.com](mailto:matt@dive-education.com) I will be happy to assist and provide tailored advice.

## NOT ABLE TO TICK ALL OF THE ABOVE?

Don't panic!

If for any reason you need additional training, logged dives, or anything else in order to meet the prerequisites, we can create a personalised schedule to ensure you meet all the requirements before the course starts.



# WHAT YOU NEED

## DIVE EQUIPMENT

As a professional diver, having your own equipment is a must. To attend the Instructor Examination, you will need the following:

- Fins, mask, & snorkel
- Buoyancy control device (BCD) with tank mount or separate backpack, & low-pressure inflator
- Primary regulator with alternate air source
- Breathing gas monitoring device (SPG)
- Depth monitoring device and time-monitoring device (*dive computer*)
- Quick-release weight system & weights (*weight belt & weights available onsite*)
- Adequate exposure protection appropriate for local dive conditions (wetsuit or rashguard)
- Compass
- 2 surface signalling devices (one audible and one visible e.g. whistle & SMB)
- Knife/diver's cutting tool
- Dive computer or RDP

While we do offer free rental equipment (BCD, regs, fins, weights) as part of your IDC package, this does not include the accessories (compass, computer, knife, etc), and we cannot always guarantee availability in your size. Therefore we strongly recommend you invest in a full setup for your IDC.

We are happy to assist in purchasing your equipment with discounted professional packages geared for different budgets.

For any questions regarding the training materials or dive equipment packages, please email us at [idc@trawangandive.com](mailto:idc@trawangandive.com)

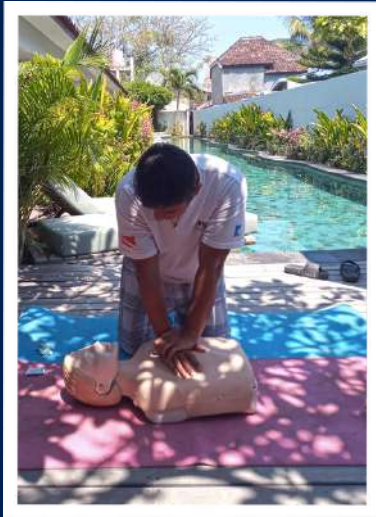


## TRAINING MATERIALS

You'll also need to purchase the Instructor Development Course Crew Pack and an EFR Manual for the Emergency First Responder Instructor Course.

We can provide you with the IDC Crew Pack and EFR Manual (740 USD) and will arrange these materials well in advance so you can complete the eLearning modules before the course starts.

# TO SUM UP



## WHAT'S INCLUDED IN THE COURSE?

- Pre-IDC preparation
- Instructor Development Course (IDC)
- Emergency First Responder Instructor Course (EFRIC)
- Daily Lunches during the IDC
- Free Tea & Coffee
- Free Fun Diving before the course (up to 2 weeks)
- Free equipment rental\*
- Free wireless internet access
- 1 Special edition IDC T-shirt
- 1 Dive-education Bottle
- 1 Mask strap
- Dive-education digital materials
- PADI Emergency O2 Provider Instructor Specialty Course
- PADI Discover Freediving Program
- Free team-teaching opportunities after your course
- 5% discount on all equipment purchases in our Sales Shop
- Highly experienced Instructor training support team
- Learning materials, tools, air-conditioned classroom and study areas
- Organized IDC Party to celebrate newly qualified Dive Instructors
- A life-changing experience!

## WHAT'S NOT INCLUDED?

- Accommodation\*\*
- PADI IDC Crew pack & EFRIC Manual (740 USD)
- PADI IE fees, consisting of:
  - PADI Instructor Examination Fees (1'190 AUD)\*\*\*
  - EFRI Fees (242.- AUD)\*\*\*
  - PADI IDC Application Fees (350 AUD)\*\*\*
  - -> total for the IE Exam 1'782 AUD
- Speciality Instructor Applications (131 AUD each)\*\*\*



\* Equipment rental does not include accessories such as dive computer, compass, knife etc

\*\* We will be happy to assist you in finding the place that most suits your needs

\*\*\* PADI fees are subject to changes. You will pay those fees via credit card to PADI on the day of the examination



# YOUR INVESTMENT

## INSTRUCTOR DEVELOPMENT COURSE

**\$1500 USD**

Includes Instructor Development Course plus:

- PRE-IDC Preparation
- Discover Freediving Program
- Emergency O2 Provider Instructor Course

## EMERGENCY FIRST RESPONDER INSTRUCTOR COURSE

**\$300 USD**

Required to go to the Instructor Examination

## IDC & EFRIC PACKAGE

**\$1600 USD**

Includes Instructor Development Course plus:

- PRE-IDC Preparation
- Emergency Responder Instructor Course
- Discover Freediving Program
- Emergency O2 Provider Instructor Course

## MSDT PREPARATION PROGRAM

**\$600 USD**

Includes:

- 5 PADI Instructor Specialties
- Gain experience with team teaching

## IDC + EFRIC + MSDT PROGRAM PACKAGE

**\$2050 USD**

The best value to kick-start your new career! Includes Instructor Development Course plus:

- Pre-IDC Preparation
- PADI Discover Freediving Program
- Emergency O2 Provider Instructor Course
- Emergency First Responder Instructor Course
- 5 PADI Instructor Specialities
- Team Teaching

For any questions regarding prices or if you would like a personalised package including accommodation, additional certifications, dive equipment, or training materials please email us directly at [fdc@trawangandive.com](mailto:fdc@trawangandive.com) or [matt@dive-education.com](mailto:matt@dive-education.com).

# IDC CALENDAR

## 2025

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### PRE- IDC PREP

11th - 12th Jan  
15th - 16th Feb  
22nd - 23rd Mar  
26th - 27th Apr  
31st May - 1st Jun  
5th - 6th Jul  
9th - 10th Aug  
13th - 14th Sep  
18th - 19th Oct  
22nd - 23rd Nov

### IDC PROGRAM

13th - 26th Jan  
17th Feb - 2nd Mar  
24th Mar - 6th Apr  
28th Apr - 11th May  
2nd - 15th Jun  
7th - 20th Jul  
11th - 24th Aug  
15th - 28th Sep  
20th Oct - 2nd Nov  
24th Nov - 7th Dec

### INSTRUCTOR EXAM

28th - 29th Jan  
4th - 5th Mar  
8th - 9th Apr  
13th - 14th May  
17th - 18th Jun  
22nd - 23rd Jul  
26th - 27th Aug  
30th Sep - 1st Oct  
4th - 5th Nov  
9th - 10th Dec

IDC & IE dates may be subject to change. To confirm dates please email us directly at [fdc@trawangandive.com](mailto:fdc@trawangandive.com) or [matt@dive-education.com](mailto:matt@dive-education.com) before booking any travel or accomodation.





# GOT QUESTIONS?

For more info or to reserve your spot drop us an email via:

[matt@dive-education.com](mailto:matt@dive-education.com) or  
[idc@trawangandive.com](mailto:idc@trawangandive.com)



[www.dive-education.com](http://www.dive-education.com)  
[info@dive-education.com](mailto:info@dive-education.com)  
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[instagram.com/TrawanganDive](https://www.instagram.com/TrawanganDive)  
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